

COMMONWEALTH of VIRGINIA STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

DRAFT MEETING AGENDA

Wednesday, September 29, 2021

DBHDS Central Office, Jefferson Building* 1220 Bank Street, Richmond, VA

CONCURRENT COMMITTEE MEETINGS

Wednesday, September 29, 2021 8:30 a.m. – 9:25 a.m. DBHDS Central Office, 13th Floor Large Conference Room, Jefferson Building 1220 Bank Street, Richmond, VA

8:30	 Policy and Evaluation Committee 5th Floor Conference Room (left of elevators) *OR ZoomGov Meeting: <u>https://dbhds.zoomgov.com/j/1614111614</u> Meeting ID: 161 411 1614 Passcode: ^dG9Zmp6 OR Phone: 1 646 828 7666 US (New York) Meeting ID: 161 411 1614 Passcode: 78482064 Planning and Budget Committee 	Josie Mace Legislative Affairs Manager, QAGR
	 Planning and Budget Committee 13th Floor Large Conference Room OR see main meeting info below↓ 	Ruth Anne Walker Board Liaison
9:25	Adjourn	

REGULAR MEETING

Wednesday, September 29, 2021 9:30 a.m. – 2:00 p.m. DBHDS Central State Office, 13th Floor Large Conference Room, Jefferson Building 1220 Bank Street, Richmond, VA 23219

Join 2 Meeti	ZoomGov	will be in person with a physical quorum present, bu Meeting: <u>https://dbhds.zoomgov.com/j/1611156047</u> 115 6047 ′2%vK	It electronic <u>or</u> phone connection is ava	
			By Phone: +1 646 82 Meeting ID: 161 1 Passcode: 76	15 6047
1.	9:30	Call to Order and Introductions	Elizabeth Hilscher Chair	
		Approval of September 29, 2021 Agenda		
		Approval of Draft MinutesBiennial Planning Meeting, July 27, 2021Nominating Committee MeetingRegular Meeting, July 28, 2021▶ Action Required		p.5
2.	9:35	Public Comment (3 minute limit per speaker)		
3.	9:45	Regulatory Actions	Ruth Anne Walker Director of Regulatory Affairs	
		 A. Emergency/NOIRA Regulations for Childrens Residential Facilities, 12VAC35-46: QRTP. ➢ Action requested. B. Initiate Periodic Reviews: 	Susan Puglisi Regulatory Research Specialist Office of Regulatory Affairs	36
		 b. Initiate Periodic Reviews: 12 VAC 35-105 Rules and Regulations For Licensing Providers by the Department of Behavioral Health and Developmental Services. Action requested. 	Emily Bowles Office of Licensing Associate Director – Licensing, Regulatory Compliance, Quality and Training	44
		C. General Update – Regulatory Matrix		34
4.	10:00	Commissioner's Report	Alison Land Commissioner	
5.	11:00	State Human Rights Committee	Taneika Goldman Director, Office of Human Rights	
6.	11:30	Update on Prevention Services	Gail Maddox Taylor Director, Office of Behavioral Health Wellness	

7.	12:00	Lunch: Break and Collect Lunch		
/•	12.00	Lunch. Break and Conect Lunch		
8.	12:30	Board Topic of Interest: Health Equity	Augustine Doe, Equity Specialist, Division of Multicultural Health and Community Engagement	
	12:50	Committee Reports: A. Policy and Evaluation B. Planning and Budget Policy Development and Evaluation	Josie Mace, Legislative Affairs Manager Ruth Anne Walker	
9.	1:00	Update: Virginia Association of Community Services Boards	Jennifer Faison VACSB Executive Director	
	1:30	Human Resources Management and Development: Interface with Higher Education	Stacy Pendleton Chief Human Resources Officer	
10.	2:00	Board Member Spotlight	Moira Mazzi	
11.	2:10	Miscellaneous A. Letter to the Governor B. Annual Executive Summary C. Meeting Planning	Chair	
12.	2:200	Other Business		
13.	2:30	Adjournment		

(Note: Times may run slightly ahead of or behind schedule. If you are on the agenda, please plan to be present at least 10 minutes in advance.)

2021 MEETING SCHEDULE

DATE	Location
Sept. 29	Southwestern Virginia Mental Health Institute (SWVMHI)
(Wed)	Marion Central Office, Richmond
Dec: 8	Central Office, DBHDS
(Wed)	Richmond

2022 MEETING SCHEDULE

DATE	Location
March 30 (Wed)	TBD

July 13 (Wed)	Central Office, DBHDS
	Richmond
September 28 (Wed)	TBD
December 7 (Wed)	Central Office, DBHDS Richmond

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES <u>DRAFT</u> MEETING MINUTES

Biennial Planning Meeting

DRAFT MEETING MINUTES Tuesday July 27, 2021 12:30 p.m. DHBDS, 13th Floor Large Conference Room, Jefferson Building, 1220 Bank Street, Richmond, VA 23219

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available. No business was conducted.

	 Members Present: Elizabeth Hilscher, Chair; Rebecca Graser, Vice Chair; Paige Cash (electronic); Kendall Lee; Moira Mazzi; Christopher Olivo; Sandra Price-Stroble. Members Absent: Varun Choudhary; Jerome Hughes. Staff Present: Heidi Dix; Ruth Anne Walker.
1:30	Welcome & Introductions At 1:30 p.m., Elizabeth Hilscher called the meeting to order
1:45	 Heidi Dix reviewed the current list of DBHDS primary strategic objectives, which are connected and interconnected with major system activities and initiatives. The six strategic objectives include: DBHDS facilities cannot remain at or over full capacity. It is not sustainable or safe, particularly with a workforce at critically low levels. DBHDS must reduce census to 85% of capacity to ensure safe and high-quality operations for both patients and staff. Compliance with the DOJ Settlement Agreement will ensure that a higher level of quality does occur and is sustained even after we fully exit the settlement agreement. STEP-VA, Project Bravo and crisis transformation will rebalance the system away from high cost, high acuity inpatient hospitalizations to lower cost community-based prevention and wellness. Restructuring the financing system is the census crisis' true long-term solution DBHDS must do the hard work to become an organization in which Diversity, Equity and Inclusion is a defining element in workplaces and in the delivery of services. DBHDS has a profound need to improve its data systems and data management processes. DBHDS must modernize to become a Data Driven Organization. DBHDS is a healthcare system, not a Central Office and 12 independent facilities. To optimize performance and protect limited resources, DBHDS must operate as a single, unified agency with robust oversight of operations and an emphasis on enterprise solutions.

	Ms. Dix also presented the agency's proposals for ARPA funding. Members asked clarifying questions and discussed the topics and issues with Ms. Dix.
2:45	Break
3:00	Board Planning Session Beginning at 3 p.m., members reviewed the information provided by Ms. Dix and discussed a list of five possible priorities for the board to consider at the regular meeting the next day.
4:15	Review of Powers and Duties Ruth Anne Walker reviewed briefly the powers and duties of the board.
5:00	Ms. Hilscher adjourned the planning meeting at 4:45 p.m.

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Nominating Committee <u>DRAFT</u> MEETING MINUTES 5:00 p.m., Tuesday, July 27, 2021

This meeting was held in person with a physical quorum present, with electronic or phone connection available.

I.	5:05 pm	 Call to Order Committee Chair Moira Mazzi called the meeting to order. A quorum was present. Members Present: Moira Mazzi; Kendall Lee. Members Absent: Jerome Hughes. Staff: Ruth Anne Walker, Board Liaison and Director of Regulatory Affairs.
11.	5:07 pm	Approval of July 27, 2021, Agenda On a motion by Dr. Lee and a second by Ms. Mazzi, the agenda was approved.
III.	5:10 pm	Consideration of Nominees for Slate Ms. Mazzi referenced that the Bylaws of the Board lay out the timeframe for the nominations and elections of officers. She reported that after communicating with all members to confirm interest of anyone interested in running for the chair and vice chair positions, that only the current chair and vice chair were interested in running. <i>Dr. Lee</i> <i>moved to nominate as a slate, Elizabeth Hilscher for the chair position and Rebecca</i> <i>Graser for the vice chair position. Ms. Mazzi seconded the motion. The vote was</i> <i>unanimous to adopt the slate as presented.</i> Ms. Mazzi announced that the report of the committee would be made to the full board at the July 28, 2021, regular meeting.
IV.	5:15 pm	Adjournment Ms. Mazzi adjourned the meeting.

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Regular Meeting

DRAFT MEETING MINUTES 9:30 a.m., Wednesday, July 28, 2021 This meeting was held in person with a physical quorum present,

with electronic or phone connection available. A recording of the meeting is available.

Members Present (virtually)	Elizabeth Hilscher, Chair; Rebecca Graser, Vice Chair; Paige Cash (electronic); Kendall Lee; Moira Mazzi; Christopher Olivo; Sandra Price-Stroble.
Members Absent	Varun Choudhary; Jerome Hughes.
Staff Present	 Alexis Aplasca, Chief Clinical Officer. Emily Bowles, Office of Licensing Associate Director for Licensing, Regulatory Compliance, Quality and Training. Heidi Dix, Deputy Commissioner, Division of Quality Assurance and Government Relations. Cort Kirkley, Chief Administrative Officer. Josie Mace, Legislative Affairs Manager. Heather Norton, Assistant Commissioner, Division of Developmental Disability Services. Susie Puglisi, Regulatory Research Specialist in the Office of Regulatory Affairs. Jeff VanArnam, Adult Mental Health Services Coordinator, Division of Community Behavioral Health Services. Ruth Anne Walker, Regulatory Affairs Director and State Board Liaison.
Guests Present	Invited guests: Jennifer Faison, Executive Director, Virginia Association of Community Services Boards. Other citizens attended electronically.
Call to Order and Introductions	At 9:32 a.m., Elizabeth Hilscher, Chair, called the meeting to order and welcomed everyone. Ms. Hilscher noted that with the end of the Governor's State of Emergency, the meeting was held under the established requirements of Virginia's Freedom of Information Act with a physical quorum present, but other board members and the public are able to participate electronically or by phone. As such, roll call attendance and votes would not need to be taken. A quorum of six members was physically present, and a seventh member participated electronically. The meeting packet of information was located on Virginia's Town Hall. Members and staff introduced themselves.

Approval of Agenda	At 9:37 a.m. the State Board voted to adopt the April 14, 2021, agenda with amendments on the time change for the DOJ presentation by Heather Norton and the Commissioner's report, which would be delivered by Cort Kirkley. On a motion by Becky Graser and a second by Kendall Lee, the agenda was approved as amended.
Approval of Draft Minutes	Regular Meeting, April 14, 2021 At 9:39 a.m., on a motion by Sandra Price-Stroble and a second Becky Graser, the April minutes were approved as final.
Officer Elections	At 9:40 a.m., Ms. Hilscher passed the gavel to the Nominating Committee Chair Moira Mazzi to continue to conduct the meeting through the officer elections, as both Ms. Hilscher and Ms. Graser were running for re-election as chair and vice chair, respectively.
	A. Presentation of the Slate of Candidates Ms. Mazzi reported that the committee met the afternoon before and adopted a slate of Ms. Hilscher and Ms. Graser were running for re-election as chair and vice chair. She reported that all members had been contacted prior to the committee meeting to gauge interest in seeking office.
	B. Nominations from the Floor Ms. Mazzi called for any nominations from the floor; there were none.
	C.Election On a motion by Ms. Mazzi and a second by Dr. Lee, Ms. Hilscher and Ms. Graser were reelected unanimously.
	D. Passing of the Gavel At 9:42 a.m., Ms. Hilscher received the gavel back from Ms. Mazzi and resumed chairing the meeting. She thanked the Nominating Committee for their work, stated it was an honor to serve with all the members.
Public Comment	At 9:42 a.m., Ms. Hilscher noted that an updated packet was uploaded that morning just prior to the start of the meeting to Town Hall with three nonsubstantive amendments to the proposed stage actions, and committee meeting minutes from April.
	She stated a period for public comment was included on the draft agenda, and that it was announced with the meeting packet that anyone wishing to give verbal or written

comments needed to email by 5 p.m. on April 13, 2021. No comments were received, and no one present wished to present.
 comments were received, and no one present wished to present. At 9:50 a.m., Heather Norton, Assistant Commissioner, Developmental Services, presented on a topic identified by board members for an overall update: The status of the work on meeting the terms of the Settlement Agreement, and specifically 1. Compliance and Quality; and 2. Exiting the Settlement Agreement: Investments in Technology and Data. (<i>Presentation available upon request.</i>) Monitoring Compliance Project Management Process Exiting the Settlement Agreement Successes Challenges Investing in Technology Current System Review/Concerns Budget Request She shared the project status dashboard, and the three stages since March 2020 (build phase with the 321 indicators; July 2020 run phase of implementing those processes for the indicators and received feedback from the independent reviewer; and currently, the project management process to bring any grey areas into compliance). The dashboard includes areas of risks or concerns.
Commonwealth maintained its focus and continued to achieve many of the Agreement requirements. Of the 121 provisions, 40 remain non-compliant. Of the 319 indicators, 131 were met within first 18 months (a number of things that were already in place or partly in place).
She stated that DBHDS develops a Data Quality Monitoring Plan to ensure that it is collecting and analyzing consistent reliable data. Data sources are not used for compliance reporting until they are found to be valid and reliable. This evaluation occurs at least annually and includes a review of, at minimum, data validation processes, data origination, and data uniqueness.

 The Commonwealth submitted formal notification of non-compliance, July 19, 2021, and has 45 days to respond. DBHDS is working towards becoming a data-driven organization because the pandemic highlighted deficiency of data systems across multiple state agencies, and the independent reviewer focused on data reliability and validity as an obstacle to exiting the settlement agreement. The Commonwealth (including DBHDS and the Office of the Attorney General) are meeting with DOJ regarding concerns about eleven main areas of concern: Case Management. Crisis Services/Complex Behavioral. Integrated Settings. Regional Support Teams. Quality Management System. Risk Management. Mortality. Data, Quality Assurance, and Quality. Provider and CSB Quality Improvement Programs. Training. Licensing and Human Rights. At 10:15 a.m., Cort Kirkley, Chief Administrative Officer, presented part of the information to the board regarding the current state of the data systems across the agency that do not interact together. He reported that the current IT/data improvement initiatives: ITIB ImpactMakers DOJ Compliance Indicator Validation Build Run Sustain Olarion Data Pinnacle Developing Strategic Plan for Data Management and Analytics IT Data Solutions and Project Manager Developing Strategic Plan for Data Management and Analytics 	
	 DBHDS is working towards becoming a data-driven organization because the pandemic highlighted deficiency of data systems across multiple state agencies, and the independent reviewer focused on data reliability and validity as an obstacle to exiting the settlement agreement. The Commonwealth (including DBHDS and the Office of the Attorney General) are meeting with DOJ regarding concerns about eleven main areas of concern: 1. Case Management. 2. Crisis Services/Complex Behavioral. 3. Integrated Settings. 4. Regional Support Teams. 5. Quality Management System. 6. Risk Management. 7. Mortality. 8. Data, Quality Assurance, and Quality. 9. Provider and CSB Quality Improvement Programs. 10. Training. 11. Licensing and Human Rights. At 10:15 a.m., Cort Kirkley, Chief Administrative Officer, presented part of the information to the board regarding the current state of the data systems that impact compliance with the settlement agreement and continued with the focus on becoming a data-driven organization, including the need to replace antiquated systems and systems across the agency that do not interact together. He reported that the current IT/data improvement initiatives: • ITIB • ImpactMakers DOJ Compliance Indicator Validation Build Run Sustain • Qlarion Data Pinnacle • Developing Strategic Plan for Data Management and Analytics • IT Data Solutions and Project Manager • Decicated resources to manage projects and systems needed to execute Data Strategic Plan • Other Tools – Tableau, MS Dynamics
	carry cat the updates, moldaling those spent to date.

	Christopher Olivo asked about the Medicaid DD Waiver waiting list – any progress made and any that can be expected. Ms. Norton reported that a request was made to the 2020 General Assembly for the creation of workgroup to discuss ways to address the waitlist over time, and that workgroup has been meeting since the spring of this year. More than 6,000 slots have been allocated since the settlement agreement was signed in 2012. She stated it is important to remember over 50 percent is made up of children. There are prioritized categories for the waiting list. Priority 1 are those individuals who need waiver services now; priority 2 and 3 categories include those who need services within five years. The cost for the slot is not the only need; administrative needs (i.e., working with providers to create capacity to meet those needs). The workgroup put forward a number of recommendations that will be put forward in a report to be published on November 1, 2021. Ms. Graser referenced Heidi Dix's overview of the agency's priorities in the Biennial Planning Meeting the day before; and Ms. Graser asked about the timeline for the replacement of CCS3. Mr. Kirkley stated that the planning for the replacement is happening (business requirements, specifications) and the funding for the replacement is critical to moving forward, either through ARPA funding or other General Assembly funding. It will take a couple of years to replace. Ms. Graser also asked if consistency across CSBs for submission of information was a goal. Mr. Kirkley stated CCS3 has its own taxonomy; there are standard industry terms (i.e., ICD 10) that could be used. To get all CSBs and the state facilities communicate on the same system would be helpful, but with electronic health records for behavioral health data allow exchanges without being on the same system. Ms. Hilscher stated it is clear that staff are working very hard on an extremely monumental task. She expressed appreciation for their time.
Regulatory Actions	Regulatory Actions At 10:48 a.m., Ms. Hilscher directed all to turn to page 23 in the packet. She introduced all DBHDS staff on to assist with the presentation of the regulator actions: Ruth Anne Walker, Regulatory Affairs Director and State Board Liaison; Emily Bowles, Office of Licensing Associate Director for Licensing, Regulatory Compliance, Quality and Training; Susie Puglisi,

Regulatory Research Specialist in the Office of Regulatory Affairs; Alexis Aplasca, Chief Clinical Officer; and Jeff VanArnam, Adult Mental Health Services Coordinator, Division of Community Behavioral Health Services.
Ruth Anne Walker took a moment to explain the role of the Office of Regulatory Affairs to serve as experts on the regulatory process including the drafting process, and the leads from various offices are the subject matter experts, including clinical expertise. Further, she reminded the board that the proposed stage in the standard process is the key editing stage that includes a 60 day public comment period. The final stage also includes a 30 day public comment period, but major edits are not expected at that point. If major revisions are needed after the proposed stage 60 day public comment period, then a second proposed stage would be needed.
D. Proposed Stage Ms. Walker reminded all online that an updated packet was available online with nonsubstantive amendments to regulatory actions. She asked that the board adopt the amendments so that all three drafts were in proper posture for the board to review.
 <u>ADDENDUM TO PACKET</u> I. Request for Two ASAM Amendments Within the regulatory action regarding ASAM Amendments to Chapter 105 the Office of Regulatory Affairs requests amendments to: 1. Correct a term in two places as listed below: <u>'Clinically</u> <u>managed population'</u> specific high-intensity residential, and 2. Re-alphabetize the Definitions section (move from 's' to ta') and below:
 'c') and renumber the Licenses section (create a new 'B.2.' and cascade numbering through the list) to correspond to the corrections. 12VAC35-105-20. Definitions. (excerpt) -Insert on page 54.
"Clinically managed population specific high-intensity residential services" means a substance use treatment program that provides a structured recovery environment in combination with high-intensity clinical services provided in a manner to meet the functional limitations of individuals. The functional limitations of individuals who are placed within this

level of care are primarily cognitive and can be either
temporary or permanent.
 12VAC35-105-30. Licenses. <i>-Insert on page 66, renumber entire list pages 66-67.</i> A. Licenses are issued to providers who offer services to individuals who have mental illness, a developmental disability, or substance abuse (substance use disorders) or have brain injury and are receiving residential services. B. Providers shall be licensed to provide specific services as
defined in this chapter or as determined by the
commissioner. These services include:
1. Case management;
2. <u>Clinically managed high-intensity residential care;</u>
3. Clinically managed low-intensity residential care;
 <u>4.</u> Community gero-psychiatric residential; 3. 5. ICF/IID;
4. <u>6.</u> Residential crisis stabilization;
5. <u>7.</u> Nonresidential crisis stabilization;
$\frac{6}{8}$ Day support;
7. 9. Day treatment, includes therapeutic day treatment for
children and adolescents;
8. <u>10.</u> Group home and community residential;
9. <u>11.</u> Inpatient psychiatric;
10. <u>12.</u> Intensive community treatment (ICT);
11. <u>13.</u> Intensive in-home;
12. Managed withdrawal, including medical detoxification and
social detoxification; 13. 14. Medically managed intensive inpatient service;
15. Medically monitored intensive inpatient treatment;
16. Medication assisted opioid treatment;
<u>17.</u> Mental health community support;
14. Opioid treatment/medication assisted treatment;
15. <u>18. Mental health intensive outpatient;</u>
19. Mental health outpatient;
20. Mental health partial hospitalization;
<u>21.</u> Emergency;
16. Outpatient;
17. Partial hospitalization;
18. 22. Program of assertive community treatment (PACT);
19. 23. Psychosocial rehabilitation;
20. 24. Residential treatment;
21. <u>25.</u> Respite care; 22. 26. Specific high-intensity residential;
<u>27.</u> Sponsored residential home;

 23. <u>28.</u> Substance abuse residential treatment for women with children; 24. <u>29.</u> Substance abuse intensive outpatient; <u>25.</u> <u>30.</u> Substance abuse outpatient; <u>31.</u> Substance abuse partial hospitalization; <u>32.</u> Supervised living residential; and <u>26.</u> <u>33.</u> Supportive in-home.
II. Request for BHE Amendment Within the regulatory action regarding BHE Amendments to Chapter 105 the Office of Regulatory Affairs request an amendments to:
 Remove the term "partial hospitalization" within the definition section (to align with the ASAM action also before the board). This has already been removed as a specific license and the definitions for both mental health and substance abuse partial hospitalization in the draft; that the drafting intent was to remove the general definition of partial hospitalization.
12VAC35-105-20. Definitions. (excerpt) -Remove from page 60. "Partial hospitalization service" means time-limited active treatment interventions that are more intensive than outpatient services, designed to stabilize and ameliorate acute symptoms, and serve as an alternative to inpatient hospitalization or to reduce the length of a hospital stay. Partial hospitalization is focused on individuals with serious mental illness, substance abuse (substance use disorders), or co-occurring disorders at risk of hospitalization or who have been recently discharged from an inpatient setting.
On a motion from Dr. Lee and a second from Mr. Olivo, the corrective amendments were adopted.
 Licensing Regulations, 12VAC35-105: Behavioral Health Expansion. Ms. Bowles gave an overview of the changes from emergency to proposed language. The expansion phase one was split into two groups of services; the first group went live July 1, 2021, and included: assertive community treatment (ACT), mental health partial hospitalization, and mental health intensive outpatient. The second group of phase one are scheduled to 'go live' on December 1,

2021 and includes: functional family therapy (FFT), multisystemic family therapy (MST), 23 hour temporary observation services, community based crisis stabilization, residential crisis stabilization, and mobile crisis. For the emergency regulation, the focus was on any current Licensing regulations that would inhibit the phase one services to move forward. For the majority of the required services for behavioral health enhancement, changes were not needed. However, in the 'overhaul' of the Licensing regulations currently underway, more details will be included in regulatory language. The vast majority of the service changes were for ACT and intensive community treatment service (ICT) (DMAS is no longer be reimbursing for ICT as of July 1, 2021). Ms. Bowles reported that Office of Licensing, Jeff VanArnam, and staff from the Department of Medical Assistance Services met with the vast majority of providers of services before the changes to ACT and ICT took effect on July 1st. Notes were taken from those meetings on any needed regulatory changes in addition to comments received during the public comment period. Ms. Bowles provided a thorough review of the changes in the draft language and reasons for them.

Ms. Hilscher asked for an explanation about the amendment in Section 1360 (page 67) to eliminate 'personality disorders' and 'traumatic brain injuries' from those eligible for ACT services. Mr. VanArnam explained that the admission criteria for the service exclude those diagnoses because the literature regarding community treatment has been pretty clear about the population that is best served by assertive community treatment. The individuals with those diagnoses would not necessarily be excluded all together, but to have either of those as a primary diagnosis, those individuals are not best served by the service. ACT services are designed for a subset of individuals with serious mental illness (SMI) of the most chronic level of illness.

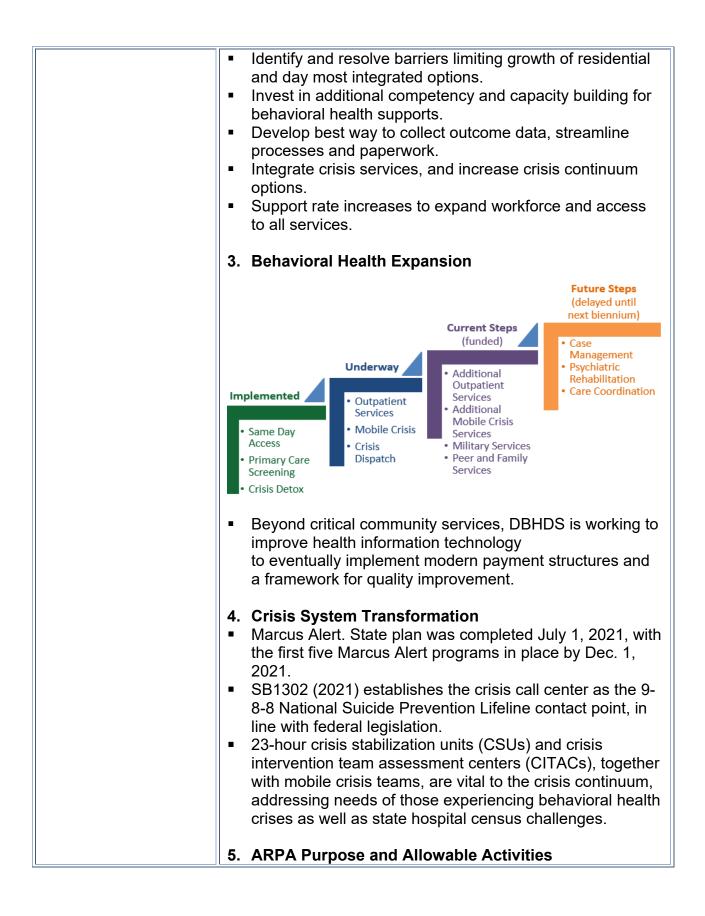
At 11:10 a.m., on a motion by Paige Cash, and a second by Moira Mazzi, the proposed stage amendments to Chapter 105 were adopted and initiation of the proposed stage was authorized.

2. Licensing Regulations, 12VAC35-105: ASAM Criteria.

1	At 11:15 a.m. Sugan Dugliai gave an avenuious of the two
	 At 11:15 a.m., Susan Puglisi gave an overview of the two proposed regulatory actions, one for the General Licensing Regulations (Chapter 105) and one for the Children's Licensing Regulations (Chapter 46). She reminded the State Board that in 2016, the opioid addiction crisis was declared a public health emergency in Virginia, and the opioid crisis has worsened during the COVID-19 pandemic. In 2020, DBHDS was directed by the General Assembly to adopt regulations that align with the American Society of Addiction Medicine (ASAM) Levels of Care. In addition to the General Assembly mandate, the regulatory action incorporates best practices to promote recovery. This action provides the necessary definitions for the newly aligned services to be provided; and create staff, program, admission, discharge, and co-occurring enhanced program criteria for: 4.0 (Medically managed intensive inpatient services), 3.7 (Medically managed high-intensity residential services), 3.3 (Clinically managed population-specific high-intensity residential services), 3.1 (Clinically managed low-intensity residential services), 2.5 (substance abuse partial hospitalization services), 2.1 (Substance abuse intensive outpatient services), Substance abuse outpatient services, and Medication assisted opioid treatment services.
	Ms. Puglisi explained that the primary changes made to the regulations from the emergency stage to the proposed stage were to align the chapter with the federal regulations for <u>Certification and Treatment Standards for</u> <u>Opioid Treatment</u> (see Article one sections 925-1010). Federal regulations supersede state regulations; therefore, providers are already required to meet these federal regulations, however by incorporating these standards into the Licensing Regulations, the regulations will become more accessible to both providers and individuals served, by ensuring all requirements are in one place.
	standard' for evidenced-based treatment regulations with those standards based on outcomes, and aligning the

regulations will help to address the opioid crisis in Virginia by creating a 'floor' for providers to provide the services. She explained that sometimes the nuance between the levels is difficult to follow for the layperson, but they are designed to allow a person to smoothly move through a continuum of care from inpatient to outpatient care. Dr. Aplasca used the analogy of three 'buckets' to help understand the levels: level four services are the 'inpatient bucket,' level three services are in the 'residential bucket,' and level two is the 'outpatient bucket.'
At 11:20 a.m., on a motion by Dr. Lee, and a second by Mr. Olivo, the proposed stage amendments to Chapter 105 were adopted and initiation of the proposed stage was authorized.
 3. Regulations for Childrens Residential Facilities, 12VAC35-46: ASAM Criteria. Ms. Puglisi reviewed that this action provides the necessary definitions for the newly aligned services to be provided; and create staff, program, admission, discharge, and co-occurring enhanced program criteria for: 3.3 (Clinically managed population-specific high-intensity residential services), and 3.1 (Clinically managed low-intensity residential services).
Ms. Puglisi stated that no changes were made to the regulatory language within Chapter 46 from the emergency stage to the proposed Stage, except for minor typographical edits.
At 11:25 a.m., on a motion by Ms. Price-Stroble, and a second by Dr. Lee, the proposed stage amendments to Chapter 46 were adopted and initiation of the proposed stage was authorized.
 E. Initiate Periodic Reviews: Following these three proposed stage requests are the requests to initiate four periodic reviews of other regulations, and an overall update of all actions in progress or in draft development. Ruth Anne? 1. 12 VAC 35-12 Public Participation Guidelines.

	 12 VAC 35-190 Regulations for Voluntary Admissions to State Training Centers. 12 VAC 35-200 Regulations for Emergency and Respite Care Admission to State Training Centers. 12 VAC 35-210 Regulations to Govern Temporary Leave from State Facilities. At 11:28 a.m., Ruth Anne Walker, Regulatory Affairs Director and State Board Liaison, provided a background summary of the regulatory periodic review process all state agencies must ensure occurs for each regulation every four years, and background on this regulation. She stated that these four regulations were thoroughly scrubbed four years ago and while they may have amendments, extensive changes were not expected. Upon a motion by Dr. Lee and a second by Ms. Mazzi, the State Board voted unanimously by roll count to authorize the initiation of a periodic review of Chapter 12, 190, 200, and 210.
Commissioner's Report	 At 11:30 a.m., Cort Kirkley provided agency updates on behalf of Commissioner Alison Land, who was called to be present at a press announcement by the Governor regarding ARPA funds. (Presentation available upon request.) He reviewed a number of topics. 1. Planning to resolve the state hospital staffing, including: Utilization of FY 2021 end-of-year non-General Fund operating reserve cash balances of \$25M to support 1st quarter retention bonus strategy \$14.6M; and earmark \$10.4M for emergency staff contracts DBHDS requests re-appropriation and authorization to use existing \$6.1M in FY 2021 end-of-year General Fund facility balances to reimburse DBHDS for the costs stated above regarding staff bonuses and contracts. 2. Recent DOJ Updates/Accomplishments Training Center Discharge and Transition Sections IV and IV.D are closed. Section III Integrated Settings has a 67% compliance rating and Section V Quality and Risk Management has a 33% compliance rating. Consent decree extended to July 1, 2022
	DOJ Ghallenges and Strategies



 DBHDS' requests align with the purpose and allowable activities of ARPA State and Local Recovery - \$4.3 billion (Sec 9901). Stated Use of Funds: State Fiscal Recovery Funds meet pandemic response needs and rebuild a stronger, and more equitable economy as the country recovers. Use these funds to: Support public health expenditures, by, e.g., funding COVID-19 mitigation efforts, medical expenses, behavioral healthcare, and certain public health and safety staff Provide premium pay for essential workers, offering additional support to those who have and will bear the greatest health risks because of their service in critical infrastructure sectors Optimization/business process improvement in area of public healthcare – especially in IT and Data Management Integrate service delivery over the continuum Achieve efficiency and effectiveness of service delivery Enhance accountability Great use of one-time funds / resources with long term impacts.
Ms. Graser commented that the commissioner's action regarding state hospital admissions was important. She asked about the initiative for visiting nurses and whether it would be ongoing. Mr. Kirkley said it was currently planned as short term; if ARPA funds are approved, it could go on a bit longer. But the goal is to increase staff pay to increase retention and overall number of staff.
Ms. Mazzi asked if visiting nurses are from this country. Mr. Kirkley stated they are and it is not a new practice; typically, they come for 6-9 months. International nurses take a much longer lead time to arrange for placement. The visiting nurses help to fill in a few critical positions temporarily, but is nowhere near the over 196 nurses currently needed.
Ms. Mazzi asked how staff are responding to the bonuses and contracts, and whether they bonuses are just for 13 weeks. Mr. Kirkley responded that mostly there has been a positive response, but the awareness of the difference in salaries has put in stark relief the need to increase permanent staff salaries. Resolution will come when

	compensation can be closer to the industry standard. Following the 13 weeks, either salaries will be raised or additional retention bonuses will be allocated.
	Ms. Mazzi asked about the statewide sitter ER initiative (alternative transportation) pilot that would amend the current G4S contract for alternative transportation to provide sitter services for individuals with a temporary detention order (TDO) awaiting transfer to an inpatient behavioral health bed instead of law enforcement officers. She thought that it looked affordable for the scale, and wondered if that because it is a pilot program. Mr. Kirkley identified two factors, with one being that it is a pilot, and the other that other funds can be leveraged and existing efficiencies. He was not sure how big the cost would be statewide; he would get that information.
	Ms. Hilscher stated she was hopeful to hear what was announced in the Governor's press conference. Mr. Kirkley stated the timing of the state hospital staffing and census crisis right before the special session and decisions about the federal funding should prove beneficial. He hopes there is also positive carryover to the regular session in January.
	Ms. Hilscher thanked Mr. Kirkley and asked that he extend her best to the commissioner, and expressed support for the commissioner's decision to freeze admissions temporarily.
BREAK for Lunch, 30 minutes	At 12:05 p.m., Ms. Hilscher suspended the meeting for a 30 minute lunch break, reconvening at 12:35 p.m.
Committee Reports	At 12:35 p.m., Ms. Hilscher reconvened the meeting.
	 A. Planning and Budget Ms. Walker reported that a list had been prepared of the priorities discussed at the biennial planning meeting the previous day. In reviewing the draft priorities, the committee voted to recommend to the full board an amendment to add a sixth priority to the list: 6. Brace for the impacts of the pandemic on the system for all stages of the lifespan in regard to resources and priorities. By necessity, society has had to be reactive but hopefully things can shift to be more proactive.
	The committee also began to map out topics for presentations in 2022, in addition to the rest of the calendar

	 year. The committee will work to finalize the chart of topics for this year and next year, and bring it to the board at the September meeting. For example, the annual update from the Office of Human Rights is moved to September to allow time at this July meeting, and a request is pending with the Department of Health for a presentation on health equity. Stacy Pendleton will be invited to speak to workforce recruitment and training issues and how the interface with colleges for career pathways is working and might become more robust. An agency budget update was received from Erin Kelley, and the quarterly budget summary of the board's budget was distributed in hard copy. B. Policy Development and Evaluation At 12:41 p.m., Josie Mace, Legislative Affairs Manager, reported that the committee continued the review of policies from the April meeting that was cut short due to technical difficulties; reviewed the six year Policy Review Schedule; and, heard from Stacy Pendleton, Chief Human Resources Officer, on Policy 3000 (CO) 74-10 Appointments of
	Department Employees to Community Services Boards. That policy, along with Policy 2010 (ADM) 88-2 Policy Development and Evaluation, and Policy 2011 (ADM) 88-3 Naming New and Existing State Facilities, are expected to come to the State Board at the September meeting.
	The committee continued its discussion of STEP-VA in relation to existing board policies. That discussion will continue.
	The committee considered holding another meeting outside of the quarterly board meetings, but for now there are no plans to do that.
	Ms. Graser, Committee Chair, stated the next policy to review is Policy 1034 (SYS) 05-1 Partnership Agreement.
	All board policies are posted on the agency web site: https://dbhds.virginia.gov/about-dbhds/Boards- Councils/state-board-of-BHDS/bhds-policies.
Board Member Spotlight (New)	At 12:45 p.m., Ms. Hilscher stated that it was the second time for this new item, and that for the foreseeable future, at each meeting there will be a segment to hear more about one of the members.

Dr. Lee shared that he resides in Kenbridge in Lunenburg County, and has worked at Longwood University for six years. He currently serves as the Assistant Director for Speech, Hearing, and Learning Services. He is in charge of administrating the core programs for those services. There are a lot of school based and young children, but even adults. There is also an audiology program for all ages for assessments and hearing aids.
He oversees Virginia Quality, internal Project JumpStart, and the Infant and Toddler Program, which serves the seven counties in the area. It is one of only two Early Intervention offices in the state affiliated within a university. The program that is unique is that it is directly associated with a clinical training program for speech therapy. It helps trainees to be exposed to the spectrum of other services administered within the office.
Prior to coming to Longwood, he worked for nine years at the Children's Hospital of Richmond, starting in the Infant and Toddler Program. He also worked for VCU in the Office of the President and Government Relations as the Associate Director of Government Relations for the Children's Hospital. In that position, he focused on local, state, and federal relations and fondly remembers time at the General Assembly advocating for children's health. He recalled children's mental health being a huge focus area during his time and it was so rewarding to work with the faculty, staff, and administration to see the new Virginia Treatment Center for Children funded and built.
These work experiences for his entire career have been focused on the unique physical and mental health needs of children and their families. The work of the State Board is another way to volunteer time to advocate for Virginia's youngest citizens, including helping to create awareness and to educate others on the specific needs of those who reside in Southside Virginia, which tends to be more rural and by default, sometimes has limited access to resources.
Dr. Lee started his professional career back in September 2001 as a case manager in an infant and toddler program at the local community services board in his home area. At that time and for several years that followed, he was the only

	 male in the entire state who worked as a service coordinator in the program. When reflecting back on where he started and where he is today, he has been involved both professionally and with many things personally that have centered on advocating for those who are often underserved. When looking beyond the policy, oversight, and administrative responsibilities over the years, he has always been an advocate and he believes that it is in this that this board shines most.
Update: Virginia Association of Community Services Boards (VACSB)	 At 1:05 p.m., Jennifer Faison, VACSB Executive Director, reported on the association's proposal to receive ARPA funding. The plan was based on the assertion that Virginia's CSBs are uniquely situated to ensure that these funds are used to bring access to care to vulnerable individuals and that they are in support of the public health goals outlined by the Governor and the General Assembly. The funds would support system enhancements in four major areas and include a carve-out for pilot programs: Workforce development; State hospital diversion/discharge; Physical infrastructure; and IT and administrative infrastructure. The plan strategizes around key goals: Meeting local needs in support of statewide goals using a formula similar to one currently being used to distribute STEP-VA funding but also takes into account the state general fund cuts CSBs took as a result of Medicaid expansion. Supporting previously identified statewide goals of: workforce development, STEP-VA, crisis system enhancements to support state hospital diversion and discharges, system enhancements to support and integration for individuals with I/DD and their families. Identified needs that can be supported using one-time or short-term funding for: workforce development, physical infrastructure, pilot program, and accountability.
	Ms. Graser asked a clarifying question about a comment about the Marcus Alert. Ms. Faison explained that the law

	requires that protocols must be in place when law enforcement must be involved in a crisis call.			
	Ms. Mazzi asked a question about law enforcement intervention. Ms. Faison explained details about the TDO and transportation requirements for law enforcement.			
Biennial Planning Meeting	At 1:45 p.m., Ms. Hilscher turned the board's attention to the discussion at the planning meeting yesterday.			
	D. Report Out She reported that there was a productive and worthwhile planning meeting discussion yesterday afternoon. Heidi Dix went over the department's strategic objectives and prioritized budget requests. She thanked the board members and staff for taking time for this important work.			
	With the general support for the department's budget priorities and strategic objectives, the board agreed to put a spotlight on five six specific areas. The overall and ongoing impacts of the pandemic are the umbrella and across all ages, under which these are recommended – DRAFT FORM:			
	 Endorse the department's strategic priority #1 about maintaining the workforce. The state hospital crisis definitely is an immediate priority, but the board notes that workforce and pay issues are not new, and are systemwide. 			
	2. Endorse the department's strategic priority #3 regarding community based supports, as any previous efforts need to be completed and new efforts must be started to continue to make the community structure what it should be. Ex. STEP-VA.			
	3. Public awareness for how to access services, the frequency that individuals in our country need services to address mental health and substance use disorders or developmental disabilities, and encouragement to seek help. The needs have always been there but the pandemic has raised awareness and reduced stigma, yet exacerbated those needs. Ex. Teen suicide; windows of development for children (especially for children with DD those windows are missed opportunities).			
	4. Streamline the discharge process from state hospitals.			
	5. Continue to prioritize waiver rates and the waiting list for the DD population.			

	 6. <u>Brace for the impacts of the pandemic on the system for all stages of the lifespan in regard to resources and priorities.</u> By necessity, society has had to be reactive but hopefully things can shift to be more proactive. On a motion by Dr. Lee and a second by Mr. Olivo, the draft list of priorities for the 2022-2024 biennium with the additional priority added from the Planning and Budget Committee was adopted; and staff would prepare a draft letter by August 15th for board review.
	Next Steps: Letter to the Governor A letter would be sent by the end of August in order to be timely to advise the Governor in the development of the new biennium budget.
Meeting Information	 A. Meeting Calendar On a motion by Dr. Lee and a second by Ms. Mazzi, the following dates were adopted for 2022 <i>en bloc</i>: March 30 - TBD July 13, Richmond September 28 - TBD December 7, Richmond The dates, locations, and focus of the VACSB conferences were also discussed. B. Next Meeting: September 29, 2021 The next meeting is currently scheduled for Marion, Virginia. Ms. Walker reminded members that the schedule would be like it was for this meeting with late afternoon activities and a full regular meeting. Members should plan for two full days with drive time; September 28-29.
Other Business & Adjournment	Mar arrow time, copromoti 20 20. Ms. Mazzi recommended doing something to recognize the hard work of the state hospital staff. A decision was made for staff to draft a resolution to bring to the board in September.
	There being no other business, Ms. Hilscher adjourned the meeting at 2:30 p.m.

CONCURRENT COMMITTEE MEETINGS

Wednesday, July 17, 2021 8:30 a.m. – 9:45 a.m. DBHDS Central Office, 13th Floor Large Conference Room, Jefferson Building 1220 Bank Street, Richmond, VA

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES Planning and Budget Committee <u>DRAFT</u> MINUTES

July 28, 2021

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available.

Members Present: Elizabeth Hilscher, Board and Committee Chair; E. Paige Cash; Christopher Olivo. Members Absent: Jerome Hughes.

Staff Present: Erin Kelley; Susan Puglisi; Ruth Anne Walker. **Others Present:** Members of the public attended.

I. Call to Order

A quorum being present, at 8:35 a.m., Elizabeth Hilscher, Chair, called the meeting to order.

II. Welcome and Introductions

Ms. Hilscher welcomed all present, and acknowledged the staff present.

III. Adoption of Minutes, April 14, 2021

On a motion from Christopher Olivo and a second from Paige Cash the meeting minutes from April 14, 2021, were adopted unanimously.

IV. Standing Item: Ensure that the agency's budget priorities and submission packages reflect State Board policies and shall, through the Board's biennial planning retreat, review and comment on major funding issues affecting the behavioral health and developmental services system, in accordance with procedures established in POLICY 2010 (ADM ST BD) 10-1.

A. State Board Budget Quarterly Report.

Ms. Hilscher reviewed the current status of the board's budget at the end of Fiscal Year 2021. The State Board spent \$789 this fiscal year and has \$18,011 remaining. Ms. Walker explained that the new state fiscal year starts July 1st, with a 'reset' total budget. A reminder was given that as travel may pick up, funds could be used for members to attend stakeholder conferences, such as the three annual conferences held by the Virginia Association of Community Services Boards.

At 9:05, Erin Kelley, Finance and Policy Analyst, in the Office of Budget Development, provided the following information: The 2021 Special Session II of the General Assembly began on August 2nd for the purpose of appropriating the American Rescue Plan Act (ARPA, <u>Public Law No. 117-2</u>.) <u>funding</u>. DBHDS submitted ARPA <u>budget requests to the administration</u>, to include a \$75 million request to raise pay for state facility direct care staff. DBHDS submitted a copy of the plan to expend Substance Abuse and Mental Health (SAMHSA) Block Grant supplemental funds from the Consolidated Appropriations Act (CAA) and ARPA. The agency also assembled a \$14 million bonus plan and a \$9 million emergency staffing contract for the facilities. (See: <u>HB7001</u>.)

DBHDS is simultaneously preparing for the 2022 Regular Session of the General Assembly that will begin on January 12, 2022. To this end, resource gaps are being identified and a list of budget requests are being compiled to submit to the Administration this fall for the new <u>biennium budget</u>.

Ms. Walker observed to the committee that the impact of special sessions on top of regular sessions for two years has required a tremendous continual effort by staff, particularly that the special sessions were not necessarily narrowly focused to one topic.

B. Discussion of Identified Priorities (within the framework of required agency strategic planning and budget development processes).

<u>Biennial Planning Meeting, July 27, 2021</u> At 8:40, Ms. Hilscher turned the committee discussion to a review of the draft priorities identified in the previous day's biennial planning meeting. *DRAFT NOTES: Report out from the Biennial Planning Meeting*

With the general support for the department's budget priorities and strategic objectives, the board agreed to put a spotlight on five specific areas. The overall and ongoing impacts of the pandemic are the umbrella and across all ages, under which these are recommended – DRAFT FORM:

- 1. Endorse the department's strategic priority #1 about maintaining the workforce. The state hospital crisis definitely is an immediate priority, but the board notes that workforce and pay issues are not new, and are systemwide.
- 2. Endorse the department's strategic priority #3 regarding community based supports, as any previous efforts need to be completed and new efforts must be started to continue to make the community structure what it should be. Ex. STEP-VA.
- 3. Public awareness for how to access services, the frequency that individuals in our country need services to address mental health and substance use disorders or developmental disabilities, and encouragement to seek help. The needs have always been there but

the pandemic has raised awareness and reduced stigma, yet exacerbated those needs. Ex. Teen suicide; windows of development for children (especially for children with DD, those windows are missed opportunities).

- 4. Streamline the discharge process from state hospitals.
- 5. Continue to prioritize waiver rates and the waiting list for the DD population.

Members were asked for any feedback on the draft priorities.

- Regarding priority 1, Ms. Cash wondered how the community colleges could be helpful towards workforce training to help build up the number of individuals who could qualify for positions. Ms. Hilscher recalled per Heidi Dix's comments yesterday, the recruitment is the problem. Ms. Walker recalled that the Office of Human Resources and Development Management has partnered for years with colleges; Stacy Pendleton could be asked to give an update on the status of those relationships.
- Regarding priority 3, Mr. Olivo would like to see public awareness efforts that addresses reluctance by teenagers (and anyone) to initiate seeking help. Ms. Hilscher wondered if peer systems in high schools could be developed.
- Ms. Hilscher proposed an additional priority for the list should be to highlight the impacts from the pandemic and the need for the agency to proactively plan for those impacts. The other members concurred. Ms. Cash felt that with all the uncertainty about the Delta variant, it was relevant. Mr. Olivo stated that by necessity all of society had to be reactive, but hopefully now, efforts could shift to being proactive.

On a motion by ? and a second by ? the committee voted to add an additional priority:

6. Brace for the impacts of the pandemic on the system for all stages of the lifespan in regard to resources and priorities. By necessity, society has had to be reactive but hopefully things can shift to be more proactive.

Meeting Topics for the Year

At 9:10, Ms. Walker reviewed the chart of Planned Board Topics for the Year and explained recent adjustments. Normally, the Office of Human Rights gives a presentation on its Annual Report and brings forward any recommendations for appointments to the State Human Rights Committee at the July meeting. That presentation was moved to September. Also, the health equity topic adopted on recommendation by Ms. Cash was moved to September. Both of those changes were due to time constraints at the July meeting due to the hospital census crisis to allow for plenty of discussion time with Commissioner Land, the report out from the biennial planning meeting, and the officer elections.

Some of the priorities from the biennial planning meeting match with presentations already planned for the remaining two 2021 meetings. Ms. Hilscher would like to hear about workforce development in September, perhaps in the commissioner's presentation in addition to Stacy Pendleton's specifics about relationships with colleges for training. Ms. Hilscher asked for a report on pandemic impacts on children for all disabilities. Mr. Olivo would like to know what real progress has been made about the waiting list for Medicaid Developmental Disability Waiver. Ms. Walker stated that could be asked of Heather Norton in the full meeting on July 28th, in addition to setting it out as a topic in 2022. An update on the August special session would be added for the September meeting. A revised chart would be provided in the September committee meeting, to bring to the full board.

V. Semi Annual Federal Grant Report: The department shall provide a semiannual report of all federal grants currently under consideration as well as those being actively pursued. Additionally, the report will include all grants that have been submitted in the last six months. Finally, the reward status of all submitted grants will be outlined to the Board. Office of Fiscal and Grants Management

There were no updates on this topic.

VI. Other Business

There was no further business.

VII. Next Steps:

A. Standing Item: *Provide updates on committee planning activities to the Board.*

The changes to the topics chart would be touched on in the regular meeting.

B. Next Meeting: September 29, 2021.

VIII. Adjournment

At 9:15 a.m., Ms. Hilscher adjourned the meeting.

STATE BOARD OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

Policy and Evaluation Committee DRAFT MINUTES JULY 28, 2021 8:30-9:25 AM

DHBDS, 12TH FLOOR CONFERENCE ROOM, JEFFERSON BUILDING, 1220 BANK STREET, RICHMOND, VA 23219

This meeting was held in person with a physical quorum present, with electronic or phone connection available. A recording of the meeting is available.

Members Present: Rebecca Graser, Committee Chair/Board Vice Chair; Kendall Lee; Moira Mazzi; Sandra Price-Stroble.
Members Absent: Varun Choudhary.
DBHDS Staff Present: Alex Harris and Josie Mace, committee staff; Stacy Pendleton, Chief Human Resources Officer.
Guests Present: Valentina Vega (Medical Society of Virginia).

I. Call to Order

Rebecca Graser called the meeting to order at 8:35 AM.

II. Welcome and Introductions

Ms. Graser welcomed all present and committee members introduced themselves. Ms. Graser presented the minutes from the last committee meeting on April 14, 2021 for approval.

Kendall Lee made an amendment to move himself from "absent" to "present".

Dr. Lee made a motion to approve the minutes as amended. The motion was seconded by Moira Mazzi. The minutes were approved unanimously by voice vote.

III. Review of 2021 Policy Review Plan and Presentation of Policies for Discussion (30 min)

- A. 2010 (ADM) 88-2 Policy Development and Evaluation
- B. 2011 (ADM) 88-3 Naming New and Existing State Facilities
- C. <u>3000 (CO) 74-10 Appointments of Department Employees to Community</u> <u>Services Boards</u>

Stacy Pendleton, Chief Human Resources Officer for DBHDS, presented on Policy 3000 (CO) 74-10.

Members of the committee reviewed Policy 2010 (ADM) 88-2 and Policy 2011 (ADM) 88-3.

Sandra Price-Stroble made a motion to approve changes to the policies to be considered by the full Board at the September 29, 2021, meeting. Dr. Lee seconded. The motion passed unanimously by voice vote.

IV. Next Meeting: September 29, 2021

V. Other Business (15 min)

Josie Mace suggested an additional meeting before the end of the year to address additional policies; however, the committee ultimately decided the quarterly meetings would suffice.

The committee reviewed the STEP-VA presentation used by DBHDS Chief Deputy Commissioner Mira Signer and Lisa Jobe-Shields, Deputy Commissioner, Division of Behavioral Health, at the last committee meeting. The committee is interested in possibly prioritizing policy review for those policies related to STEP-VA. Ms. Mace and Alex Harris will compile items for consideration concerning STEP-VA.

Ms. Mace will identify a subject matter expert to review background for <u>Policy 1034</u> (SYS) 05-1 Partnership Agreement at the next committee meeting.

VI. Adjournment

Ms. Graser adjourned the meeting at 9:20 AM.

All current policies of the State Board are on the agency web site at this address: <u>https://www.dbhds.virginia.gov/about-dbhds/Boards-Councils/state-board-of-BHDS/bhds-policies</u>

REGULATORY ACTIVITY STATUS REPORT: SEPTEMBER 2021 (REVISED 09/21/21)

		REGULATIONS IN PROCESS				
AC CITATION	CHAPTER TITLE (FULL TITLE)	PURPOSE		STAGE		STATUS
12 VA 35-12	Public Participation Guidelines.	To provide guidelines for involvement of the public in the development and promulgation of regulations of DBHDS.	•	Periodic Review.	•	Public comment forum opened on 8/30/2021 and ended on 9/20/2021
12 VAC 35-46 Certain sections and NEW Sections 1150- 1250.	Regulations for Children's Residential Facilities	In accordance with Item 318.B. of the 2020 Appropriation Act to align with the American Society of Addiction Medicine (ASAM) Levels of Care Criteria or an equivalent set of criteria.	•	Emergency: To Standard.	•	Effective 2/20/2021. Expires 8/19/2022. Proposed stage pending OAG certification.
12 VAC 35-46 Certain sections and NEW Sections.	same	In accordance with Item 318.D. of the 2021 Appropriation Act to align with the requirements of the federal Family First Prevention Service Act to meet the standards as qualified residential treatment programs (QRTPs).	•	Emergency/NOIRA		Action requested.
12 VAC 35-105 Certain sections.		In accordance with Item 318.B. of the 2020 Appropriation Act, amendments to align with ASAM criteria.	•	Emergency: To Standard.	•	Effective 2/20/2021. Expires 8/19/2022. Proposed stage pending OAG certification.
<u>12 VAC 35-105</u> Certain sections.	same	In accordance with Item 318.B. of the 2020Appropriation Act, amendments to align with enhanced behavioral health services.	•	Emergency: To Standard.	•	Effective 2/20/2021. Expires 8/19/2022. Proposed stage pending OAG certification.
<u>12 VAC 35-105</u> All sections.		Response to 2017 periodic review ('overhaul' to service-specific chapters).	•	Periodic Review.		Action requested for 2021 periodic review.
<u>12 VAC 35-115</u>	Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Behavioral Health and Developmental Services	To protect the legal and human rights of all individuals who receive services in programs and facilities operated, funded, or licensed by DBHDS.	•	Fast Track	•	<i>A public comment forum closed on 1/25/2021. Draft in progress.</i>
12 VAC 35-190	Regulations for Voluntary Admissions to State Training Centers	To detail criteria and procedures for voluntarily admitting persons to a state training center>	•	Periodic Review.	•	Public comment forum opened on 8/30/2021 and ended on 9/20/2021

12 VAC 35-200	Regulations for Emergency and Respite Care Admission to State Training Centers	To establish the conditions and procedures through which an individual can access emergency services and respite care in a state training center.	•	Periodic Review.	Public comment forum opened on 8/30/2021 and ended on 9/20/2021.
<u>12 VAC 35-210</u>	Regulations to Govern Temporary Leave from State Facilities	To establish the general process and requirements related to temporary leave from state facilities	•	Periodic Review.	Public comment forum opened on 8/30/2021 and ended on 9/20/2021.
12 VAC 35-240	Victims of Sterilization Fund Program	To provide administrative guidelines for appropriate documentation to verify the claim of individuals who were victims of forced sterilization to be compensated pursuant to the Virginia Eugenical Sterilization Act	•	Periodic Review	Comment Period ended on 6/14/2021.



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MEMORANDUM

To: Members, State Board of Behavioral Health and Developmental Services

- Fr: Ruth Anne Walker, Director of Regulatory Affairs
- Date: September 21, 2021
- Re: Regulatory Package Two Action Items

I. <u>Emergency/NOIRA: Regulations for Childrens Residential Facilities, 12VAC35-46: QRTP.</u>

Background: With the filing of the 'notice of intended regulatory action' (NOIRA) when the emergency regulation is filed, the public will receive notification that a *permanent* regulatory change is planned, there is a 30-day public comment period, after which the agency will review the comments as it develops the proposed stage draft.

Purpose: The purpose of this regulatory action is to align DBHDS Regulations for Children's Residential Facilities with the requirements of the federal Family First Prevention Service Act to require providers who accept <u>Title IV-E funding</u> to meet the standards as QRTPs. Providers who do not accept Title IV-E funding shall not be affected by this action. The emergency action must be enacted by January 10, 2021.

Action Requested: Initiate the proposed stage of the standard process.

VAC Citation	Title	Last Activity	Date
12 VAC 35-46	Regulations for Childrens Residential Facilities	<u>Emergency</u>	02/20/2021

Next Steps:

If approved, staff initiates the <u>emergency/NOIRA</u> action.



Emergency Regulation and Notice of Intended Regulatory Action (NOIRA) Agency Background Document

Agency name	Department of Behavioral Health and Developmental Services
Virginia Administrative Code	12VAC35-46
(VAC) Chapter citation(s)	
VAC Chapter title(s)	Regulations for Children's Residential Facilities
Action title	Amend regulations to align with the requirements of the FFPSA
Date this document prepared	September 21, 2021

This information is required for executive branch review and the Virginia Registrar of Regulations, pursuant to the Virginia Administrative Process Act (APA), Executive Order 14 (as amended, July 16, 2018), the Regulations for Filing and Publishing Agency Regulations (1VAC7-10), and the *Form and Style Requirements for the Virginia Register of Regulations and Virginia Administrative Code*.

Brief Summary

Provide a brief summary (preferably no more than 2 or 3 paragraphs) of the subject matter, intent, and goals of this this regulatory change (i.e., new regulation, amendments to an existing regulation, or repeal of an existing regulation). Alert the reader to all substantive matters or changes. If applicable, generally describe the existing regulation.

The Department of Behavioral Health and Developmental Services (DBHDS) was mandated by the 2021 General Assembly within <u>Item 318. D.</u> of the 2021 Special Session 1 Appropriation Act to promulgate emergency regulations to amend the Regulations for Children's Residential Facilities [12VAC35-46] to align with the requirements of the federal <u>Family First Prevention Service Act (FFPSA)</u> for children's residential service providers who accept <u>Title IV-E funding</u> to meet the standards as qualified residential treatment programs (QRTPs). The department received input from the Department of Social Services (DSS) and the Department of Medical Assistance Services (DMAS) in the development of this action, the goal of which is to amend the regulations to align with the FFPSA to meet the standards of QRTPs.

Acronyms and Definitions

Define all acronyms used in this form, and any technical terms that are not also defined in the "Definitions" section of the regulation.

Department of Behavioral Health and Developmental Services - DBHDS

Department of Medical Assistance Services - DMAS

Department of Social Services - DSS

Family First Prevention Service Act - FFPSA

Qualified Residential Treatment Programs – QRTPs

State Board – State Board of Behavioral Health and Developmental Services

Mandate and Impetus (Necessity for Emergency)

Explain why this rulemaking is an emergency situation in accordance with § 2.2-4011 A and B of the Code of Virginia. In doing so, either:

- a) Indicate whether the Governor's Office has already approved the use of emergency regulatory authority for this regulatory change.
- b) Provide specific citations to Virginia statutory law, the appropriation act, federal law, or federal regulation that require that a regulation be effective in 280 days or less from its enactment.

As required by § 2.2-4011, also describe the nature of the emergency and of the necessity for this regulatory change. In addition, delineate any potential issues that may need to be addressed as part of this regulatory change

The 2021 General Assembly mandated the State Board of Behavioral Health to promulgate emergency regulations to become effective within 280 days or less from the enactment of Item 318 D of the 2021 Special Session 1 Appropriation Act.

Legal Basis

Identify (1) the promulgating agency, and (2) the state and/or federal legal authority for the regulatory change, including the most relevant citations to the Code of Virginia or Acts and Assembly chapter number(s), if applicable. Your citation must include a specific provision, if any, authorizing the promulgating agency to regulate this specific subject or program, as well as a reference to the agency's overall regulatory authority.

The General Assembly mandated the State Board of Behavioral Health to promulgate emergency regulations to become effective within 280 days or less from the enactment of the 2021 Special Session 1 Appropriation Act (Chapter 552) that align with the requirements of the federal Family First Prevention Service Act in accordance with Item 318 D of the Appropriation Act. Section 37.2-203 of the Code of Virginia gives the State Board of Behavioral Health and Developmental Services the authority to adopt regulations that may be necessary to carry out the provisions of Title 37.2 of the Code of Virginia and other laws of the Commonwealth administered by the DBHDS Commissioner. The State Board of

Behavioral Health and Developmental Services voted to adopt this regulatory action on ______ 2021.

Purpose

Describe the specific reasons why the agency has determined that this regulation is essential to protect the health, safety, or welfare of citizens. In addition, explain any potential issues that may need to be addressed as the regulation is developed.

The purpose of this regulatory action is to align DBHDS Regulations for Children's Residential Facilities with the requirements of the federal Family First Prevention Service Act to require providers who accept <u>Title IV-E funding</u> to meet the standards as QRTPs. Providers who do not accept Title IV-E funding shall not be affected by this action.

FFPSA includes reforms to child welfare financing streams by providing prevention services to families of children who are at imminent risk of entering foster care. It seeks to underscore the importance of children growing up in families and seeks to avoid the traumatic experience of children being separated from their families and entering foster care. Specifically, federal reimbursement will be available for trauma-informed mental health services, substance use disorder treatment, and in-home parenting skills training to safely maintain in-home family placement. FFPSA also aims to improve the well-being of children already in foster care by safely reducing placement of children in non-family based settings (e.g. residential treatment programs), and instead increasing placement of children in the least restrictive, most family-based setting appropriate to their individual needs. FFPSA created a specific nonfamily-based placement state of the astructure around placing children in these types of placements. QRTPs serve children with specific treatment needs who need short term placement out of the home. Federal funding for foster youth with specific treatment needs will only be available for nonfamily-based placements that qualify as a QRTP.

Substance

Briefly identify and explain the new substantive provisions, the substantive changes to existing sections, or both. A more detailed discussion is provided in the "Detail of Changes" section below.

This regulatory action amends Chapter 46 to align with the requirements of the federal FFPSA to require providers who accept Title IV-E funding to meet the standards as QRTPs. Providers who do not accept Title IV-E funding shall not be affected by this action. QRTPs are required to have a trauma-informed treatment model; have registered licensed nursing staff and licensed clinical staff who are available 24 hours a day and seven days a week; facilitate outreach to the family members of the child; facilitate participation of family members in the child's treatment program; provide or arrange discharge planning and family-based aftercare support for at least six months post-discharge; be licensed; and accredited by an independent, not-for profit, accrediting organization approved by the US Secretary of Health and Human Services.

Issues

Identify the issues associated with the regulatory change, including: 1) the primary advantages and disadvantages to the public, such as individual private citizens or businesses, of implementing the new or amended provisions; 2) the primary advantages and disadvantages to the agency or the Commonwealth; and 3) other pertinent matters of interest to the regulated community, government officials, and the public. If there are no disadvantages to the public or the Commonwealth, include a specific statement to that effect.

The primary advantage of the regulatory change is children's residential licensing regulations that incorporate best practices help to enhance support services for families, increase the number of children who remain at home, and build the capacity of communities to support children and families. This is an advantage to the public, the agency, and the Commonwealth. There are no known disadvantages to the agency or the Commonwealth. The primary disadvantage is that some providers may experience a financial burden in order to comply with the new regulations. However, providers have been aware for at least two years of the eventual changes brought in these regulations and providers that do not accept Title IV-E funding shall not be affected by this regulatory change.

Alternatives to Regulation

Describe any viable alternatives to the regulatory change that were considered, and the rationale used by the agency to select the least burdensome or intrusive alternative that meets the essential purpose of the regulatory change. Also, include discussion of less intrusive or less costly alternatives for small businesses, as defined in § 2.2-4007.1 of the Code of Virginia, of achieving the purpose of the regulatory change.

There are no viable alternatives to the regulatory action. The action is mandated by the General Assembly to bring the regulations into alignment with federal law.

Periodic Review and Small Business Impact Review Announcement

This NOIRA is not being used to announce a periodic review or a small business impact review.

Public Participation

Indicate how the public should contact the agency to submit comments on this regulation, and whether a public hearing will be held, by completing the text below. In addition, as required by § 2.2-4007.02 of the Code of Virginia describe any other means that will be used to identify and notify interested parties and seek their input, such as regulatory advisory panels or general notices.

The Department of Behavioral Health and Developmental Services is providing an opportunity for comments on this regulatory proposal, including but not limited to (i) the costs and benefits of the regulatory proposal, (ii) any alternative approaches, and (iii) the potential impacts of the regulation.

Anyone wishing to submit written comments for the public comment file may do so through the Public Comment Forums feature of the Virginia Regulatory Town Hall web site at: https://townhall.virginia.gov. Comments may also be submitted by mail, email, or fax to **Susan Puglisi, 1220 Bank Street, Richmond, Virginia 23129 Phone Number: 804-371-2709, email: susan.puglisi@dbhds.virginia.gov**. In order to be considered, comments must be received by 11:59 pm on the last day of the public comment period.

A public hearing will not be held following the publication of the proposed stage of this regulatory action.

Detail of Changes

List all regulatory changes and the consequences of the changes. Explain the new requirements and what they mean rather than merely quoting the text of the regulation. For example, describe the intent of

the language and the expected impact. Describe the difference between existing requirement(s) and/or agency practice(s) and what is being proposed in this regulatory change. Use all tables that apply, but delete inapplicable tables.

If an <u>existing</u> VAC Chapter(s) is being amended or repealed, use Table 1 to describe the changes between existing VAC Chapter(s) and the emergency regulation. If existing VAC Chapter(s) or sections are being repealed <u>and replaced</u>, ensure Table 1 clearly shows both the current number and the new number for each repealed section and the replacement section.

Current chapter- section number	New chapter- section number, if applicable	Current requirements in VAC	Change, intent, rationale, and likely impact of new requirements
N/A	12VAC35- 46—1260. <u>Qualified</u> <u>residential</u> <u>treatment</u> <u>programs.</u>	None	 Intent: Adding the requirements of a Qualified Residential Treatment Program (QRTP). A qualified residential treatment program shall: Have a trauma-informed treatment model. Have registered or licensed nursing staff and other clinical staff who are available 24 hours a day and 7 days a week. Facilitate outreach to family members as appropriate. Facilitate participation of family members in the child's treatment program. Provide or arrange discharge planning and family-based aftercare support for at least six months post-discharge. Be licensed. Be accredited by an independent, not-for profit accrediting organization approved by the US Secretary of Health and Human Services. Impact: Compliance with the General Assembly mandate, alignment with federal law, enhancement of support services for families, providing assistance to allow children to remain at home, and build the capacity of communities to support children and families.
N/A	12VAC35-46- 1270. Additional requirements for QRTP	None	Intent: Adding the requirements of documentation of the need for placement in a QRTP.

Table 1: Changes to Existing VAC Chapter(s)

placements for children within the custody of Social Services.	The QRTP shall coordinate with the VDSS, family, and others. Documentation shall be placed within the child's record at the QRTP. This section does not apply to private parental placements.
	Impact: Compliance with the General Assembly mandate, alignment with federal law, enhancement of support services for families, providing assistance to allow children to remain at home, and build the capacity of communities to support children and families.

Emergency/NOIRA

Amend regulations to align with the requirements of the FFPSA <u>12VAC35-46-1260. Qualified residential treatment programs.</u>

<u>A. A qualified residential treatment program ("QRTP") shall have a trauma-informed</u> treatment model that is designed to address the needs, including clinical needs as appropriate, of children with serious emotional or behavioral disorders or disturbances and, with respect to a child, is able to implement the treatment identified for the child.

<u>B. In addition to the staffing requirements within Parts II - VI of this chapter, a QRTP shall have registered or licensed nursing staff and other licensed clinical staff who:</u>

<u>1. Provide care within the scope of their practice as defined by state law;</u>

2. Are on-site according to the treatment model referred to in subsection A; and

<u>3. Are available 24 hours a day and seven days a week. The QRTP is not required</u> to acquire nursing or other clinical staff solely through means of a direct employer to employee relationship.

<u>C. To the extent appropriate and in accordance with the child's best interests, the QRTP shall facilitate participation of family members in the child's treatment program.</u>

<u>D. The QRTP shall facilitate outreach to the family members of the child, including siblings, document how the outreach is made including contact information, and maintain contact information for any known biological family and fictive kin of the child. Documentation of outreach to family members and contact information of family members shall be placed within the child's record at the QRTP.</u>

<u>E. The QRTP shall document how family members are integrated into the treatment process for the child including post-discharge, and how sibling connections are maintained. Documentation of family member integration shall be placed within the child's record at the QRTP.</u>

<u>F. The QRTP shall provide or ensure discharge planning and family-based aftercare</u> support for at least six months post-discharge.

<u>G. The QRTP shall be licensed in accordance with 42 U.S.C. § 471 (a)(10) and accredited by any of the following independent nonprofit organizations:</u>

1. The Commission on Accreditation of Rehabilitation Facilities (CARF);

2. The Joint Commission on Accreditation of Healthcare Organizations (JCAHO);

3. The Council on Accreditation (COA); or

<u>4. Any other independent, nonprofit accrediting organization approved by the US</u> <u>Secretary of Health and Human Services.</u>

<u>12VAC35-46-1270. Additional requirements for QRTP placements for children</u> within the custody of Social Services.

<u>A. The qualified residential treatment program shall coordinate with the Virginia</u> <u>Department of Social Services, the child's biological family members, relative and fictive</u> <u>kin of the child, and, as appropriate, professionals who are a resource to the family of the</u> <u>child, such as teachers, clergy, or medical or mental health providers who have treated</u> <u>the child.</u>

<u>B. All documents related to a child's need for placement shall be placed within the child's record at the qualified residential treatment program, including the assessment determination of the qualified individual, as defined within 42 U.S.C. § 675a (c)(1)(D)(i), and the written documentation of the approval or disapproval of the placement in a gualified residential treatment program by a court or administrative body.</u>

<u>C. This section shall not apply to direct paternal placements of children into the QRTP that are made outside of the social services system.</u>

II. Required Periodic Review of One Regulation

(See the flow chart of the process: http://townhall.virginia.gov/UM/chartperiodicreview.pdf)

Background: Existing regulations must be examined at least every four years to review statutory authority and assure that the regulations do not exceed the Board's statutory authority. Investigation should be conducted for any alternatives to the regulation and any need to modify the regulation to meet current needs.

The next periodic review must be initiated by this quarter of 2021.

Purpose: The regulation is submitted to the State Board for consideration for review.

Action Requested: Direct that a periodic review is initiated for the following regulation.

VAC Citation	Title	Last Review
12 VAC 35-105	Rules and Regulations For Licensing Providers by the Department of Behavioral Health and Developmental Services	<u>2017</u>

Next Steps:

If approved, staff initiates the periodic review. At the conclusion of the 21-day (minimum) comment period, staff develops recommended Board action on the regulations for consideration at the December meeting. The choices for action are:

- A. Propose to retain the regulation in its current form.
- B. Propose to amend or abolish the regulation. (Notice of Intended Regulatory Action)
- C. Propose to amend the regulation through an exempt action.

DIRECTIONS

Wednesday, September 29, 2021

Virginia Department of Behavioral Health and Developmental Services,

13th Floor Large Conference Room, Jefferson Building, 1220 Bank Street, Richmond, VA 23219

Time: Committees at 8:30 a.m., Regular Board Meeting at 9:30 a.m.

- Planning and Budget Committee will meet in the 13th Floor Conference Room.
- Policy and Evaluation Committee will meet in the 5th Floor Large Conference Room.

Regular Meeting Location:Virginia Department of Behavioral Health and Developmental Services,
13th Floor Large Conference Room, Jefferson Building,
1220 Bank Street, Richmond, VA 23219

This page has **driving directions to the DBHDS Central Office in the Jefferson Building**, 1220 Bank Street. Below are general directions based on your starting point. View a <u>Capitol area site plan</u> (<u>http://www.dbhds.virginia.gov/documents/sitePlan-RichCapitol.pdf</u>) that you can adjust for magnification.

FROM I-64 EAST AND WEST OF RICHMOND

- Driving on I-64 towards Richmond, get onto I-95 South and continue into the downtown area on I-95.
- Take Exit 74B, Franklin Street.
- Follow Directions Below: 'Continue Downtown'

FROM I-95 NORTH OF RICHMOND

- Continue south on I-95 into the downtown area.
- Take Exit 74B, Franklin Street.
- Follow Directions Below: 'Continue Downtown'

FROM I-95 SOUTH OF RICHMOND

- Cross the bridge over the James River.
- Exit to your Right on exit 74C- Route 360 (17th Street is one-way) and continue to Broad Street.
- Turn Right onto Broad Street
- Turn Left onto 14th Street (first light after crossing over I-95)
- Follow Directions Below: 'Continue Downtown'

> CONTINUE DOWNTOWN - DIRECTIONS AFTER EXITING I-95

- Turn Right onto Franklin Street at the traffic light at the bottom of the exit.
- Cross through the next light at 14th Street (Franklin Street becomes Bank Street)
- Look for on-street meter parking in the block between 14th and 13th Streets, or on 14th or Main streets. If you do not see parking on this block other parking options are available. View the <u>parking map</u> and <u>parking fee table</u> for the area.
- The location for the committee meetings and Regular Board Meeting is in the Jefferson Building on the south-east corner of <u>Capitol Square</u>, at the intersection of 13th/Governor Street and Bank Streets.
- > The location for the Biennial Planning Meeting is in the same location as the regular meeting.

If you have any questions about the information in this meeting packet, contact Ruth Anne Walker, ruthanne.walker@dbhds.virginia.gov, 804.225-2252.